

# PARENT TIPS FOR STUDENT SUCCESS (HAPPINESS!)

One of our goals at Our School is to empower your child. We want children to feel that they are capable people, and to feel confident in meeting their needs in the classroom. Allowing children a measure of control in their lives benefits them on many levels. One way with which we achieve this autonomy is by setting children up for success. The smiles on their faces make these simple suggestions worth it!

## CLOTHING & OUTDOOR WEAR

Shoes - Please send your child to school in shoes he or she can put on unassisted. Send shoes that slip on, zip, or use Velcro if your child does not yet tie shoes independently.

Clothing - because of the play options available in our yard, children will get dirty and may get wet. Please do not send your child to school in clothing which cannot serve as 'play clothes.' After all, we are a play-based learning program! Also, articles in which your child is unable to use the toilet independently are strongly discouraged.

Fun Fact - In the winter, there can be over 200 items of outdoor gear in the preschool cubbies. This is not even including the extra change of play clothes for each child. Please clearly LABEL every item from home!

Suggested cubby items - DAILY

- Full change of play clothing
- Weather-appropriate layers

Additional cubby items - WINTER

- One full-body snow suit
- One pair water-resistant snow boots
- One hat or balaclava
- One pair water-resistant mittens (unless your child can put on his or her 5-finger gloves independently)

Additional cubby items - SUMMER

- One swimsuit
- One pair water shoes
- One towel
- One sun hat

## NAP ITEMS

Have your child practice packing his or her nap bag at home. Can he or she do this completely without your help? If not, try different items.

Items which your child cannot pack independently will be sent home with a note (Usually, this is because a blanket or pillow is simply too large for the bag).

Suggested Nap Items: one crib sheet, one small blanket, one very small pillow OR one small stuffed animal to snuggle.

## LUNCH ITEMS

As with the nap items, do a practice session packing up at home. Does your child know which items should go in the trash and which items go back into his or her lunchbox?

We will always help children to access their food, but try to send containers which small hands can open and close. It makes children feel good to know that they are in control of their situation!